



Deer Lakes High School

May/June Menu



WE'RE Hiring!

CAFETERIA FOOD SERVICE EMPLOYEE

CONTACT: JACOB DOUGLAS
JDOUGLAS@DEERLAKES.NET

DEERLAKES.COM

What Makes A BREAKFAST

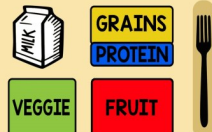
SELECT 3 ITEMS:



one must be a **FRUIT** or **JUICE**

What Makes A LUNCH

SELECT 3-5 ITEMS:



one must be a **FRUIT** or **VEGGIE**



PRFSD

Pittsburgh Regional Food Service Directors

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>One app for your entire cafeteria.</p> <p>APPLY FOR FREE & REDUCED MEALS</p> <p>Applying for free and reduced meal benefits has never been easier. Apply, submit, and track your application status from start to finish at www.schoolcafe.com/deerlakes</p> <p>MANAGE BALANCES</p> <p>Make payments, view purchase history, and receive low balance alerts. For convenience, setup automatic payments to replenish their cafeteria funds.</p>		<p>May 1st</p> <p>Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p>Lunch Chicken Tender Basket w/ Dinner Roll French Fries Assorted Fruit Choice of Vegetable</p>	<p>May 2nd</p> <p>Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p>Lunch Korean BBQ Bowl Steamed Rice & Broccoli Assorted Fruit Choice of Vegetable</p>	<p>May 3rd</p> <p>Breakfast Homemade Donuts Choice of Fruit 100% Fruit Juice</p> <p>Lunch Lasagna Roll-Ups Steamed Carrots Assorted Fruit Choice of Vegetable</p>
<p>May 6th</p> <p>Breakfast Honey Breakfast Chicken Sandwich Choice of Fruit 100% Fruit Juice</p> <p>Lunch Philly Cheesesteak Hoagies Spiral Fries Assorted Fruit Choice of Vegetable</p>	<p>May 7th</p> <p>Breakfast Breakfast Sandwich Choice of Fruit 100% Fruit Juice</p> <p>Lunch Chicken Quesadillas w/ Sour Cream and Salsa Steamed Corn Assorted Fruit Choice of Vegetable</p>	<p>May 8th</p> <p>Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p>Lunch Spaghetti & Meatballs w/ Butter or Marinara Garlic Bread Steamed Broccoli Assorted Fruit Choice of Vegetable</p>	<p>May 9th</p> <p>Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p>Lunch Turkey Stuffing Bowl Mashed Potatoes w/ Gravy Assorted Fruit Choice of Vegetable</p>	<p>May 10th</p> <p>Breakfast Homemade Donuts Choice of Fruit 100% Fruit Juice</p> <p>Lunch Grilled Cheese Sandwich w/ Tomato Soup Roasted Cauliflower Assorted Fruit Choice of Vegetable</p>
<p>May 13th</p> <p>Breakfast Honey Breakfast Chicken Sandwich Choice of Fruit 100% Fruit Juice</p> <p>Lunch Double Hot Dog on a Bun Waffle Fries Assorted Fruit Choice of Vegetable</p>	<p>May 14th</p> <p>Breakfast Breakfast Sandwich Choice of Fruit 100% Fruit Juice</p> <p>Lunch Soft/Hard Taco's with Sour Cream and Salsa Mixed Vegetables Assorted Fruit Choice of Vegetable</p>	<p>May 15th</p> <p>Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p>Lunch Toasted Italian Hoagies Steamed Carrots Assorted Fruit Choice of Vegetable</p>	<p>May 16th</p> <p>Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p>Lunch Lancer Bowl Mashed Potatoes & Gravy Steamed Corn Assorted Fruit Choice of Vegetable</p>	<p>May 17th</p> <p>Breakfast Homemade Donuts Choice of Fruit 100% Fruit Juice</p> <p>Lunch Ham & Cheese Pretzel Melt French Fries Assorted Fruit Choice of Vegetable</p>



Deer Lakes High School

May/June Menu



WE'RE Hiring!

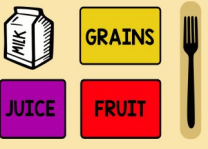
CAFETERIA FOOD SERVICE EMPLOYEE

CONTACT: JACOB DOUGLAS
JDOUGLAS@DEERLAKES.NET

DEERLAKES.COM

What Makes A BREAKFAST

SELECT 3 ITEMS:

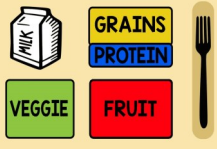


one must be a

FRUIT or JUICE

What Makes A LUNCH

SELECT 3-5 ITEMS:




one must be a

FRUIT or VEGGIE



PRFSD

Pittsburgh Regional Food Service Directors

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 20 th	May 21 st	May 22 nd	May 23 rd	May 24 th
Breakfast Fresh Smoothies Choice of Fruit 100% Fruit Juice Lunch Loaded Waffle Fries w/ Beef and Cheese Assorted Fruit Choice of Vegetable	Breakfast Breakfast Sandwich Choice of Fruit 100% Fruit Juice Lunch Super Nachos w/ Beef & Cheese Mixed Vegetables Assorted Fruit Choice of Vegetable	Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice Lunch Mac N' Cheese w/ Breadstick Roasted Broccoli Assorted Fruit Choice of Vegetable	Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice Lunch Stir Fry Chicken w/ Brown Rice Mixed Vegetables Assorted Fruit Choice of Vegetable	 No School
May 27 th	May 28 th	May 29 th	May 30 th	May 31 st
	Breakfast Breakfast Sandwich Choice of Fruit 100% Fruit Juice Lunch Walkin Taco Tuesday! Steamed Corn Assorted Fruit Choice of Vegetable	Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice Lunch Potato Bar w/ Sour Cream and Cheese Steamed Broccoli Assorted Fruit Choice of Vegetable	Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice Lunch French Toast Sticks Hashbrowns & Bacon Assorted Fruit Choice of Vegetable	Breakfast Homemade Donuts Choice of Fruit 100% Fruit Juice Lunch Chicken & Biscuit over Gravy Mashed Potato & Gravy Assorted Fruit Choice of Vegetable
June 3 rd	June 4 th	June 5 th	June 6 th	
Breakfast Fresh Smoothies Choice of Fruit 100% Fruit Juice Lunch Manager's Choice Assorted Fruit Choice of Vegetable	Breakfast Breakfast Sandwich Choice of Fruit 100% Fruit Juice Lunch Manager's Choice Assorted Fruit Choice of Vegetable	Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice Lunch Manager's Choice Assorted Fruit Choice of Vegetable	Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice 